

YES, I WOULD LIKE MORE INFORMATION ON BUFFALO VALLEY LUTHERAN VILLAGE!

Call Gretchen Nash: (570) 209-9007

Email: NashG@diakon.org

Visit: www.buffalovalleyseniorliving.org

Or, Please cut along the dotted line and return this form to:

Buffalo Valley Lutheran Village
Attn: Marketing
189 E. Tressler Blvd.
Lewisburg, PA 17837

I am interested in:

- Scheduling a visit
- Receiving an informational packet in the mail
- Receiving a phone call to answer some of my questions
- Receiving an e-mail with more information

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____ Cell: _____

E-mail Address: _____

The Village marketing department works in close association with future residents, their adult children, real estate agents, movers, auctioneers, decorators, and bankers as requested and appropriate to make residents' move as stress-free as possible.

*Independent Living Homes
Personal Care
Nursing & Rehabilitative Care
VA Benefits Assistance Service*



BUFFALO VALLEY LUTHERAN VILLAGE
A DIAKON SENIOR LIVING COMMUNITY
www.buffalovalleyseniorliving.org
189 E. Tressler Blvd.
Lewisburg, PA 17837

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Harrisburg, PA

Lifestyles

WINTER 2017

BUFFALO VALLEY LUTHERAN VILLAGE

Excitement builds as new home construction is underway

A ceremonial groundbreaking marked the official start of construction of new independent living homes at Buffalo Valley Lutheran Village. The first of 13 homes to be built between now and the fall of 2017 have foundations already completed. Six homes are tentatively planned to be finished by March.



New homes begin to take shape on the campus of Buffalo Valley Lutheran Village.

Two models of homes are being built. The plan includes building more of the most-popular model, the Windsor, which features a master bedroom with walk-in closet and full bath, a second bedroom and second full bath, as well as spacious living area with eat-in kitchen. The Windsor offers 1,365 square feet of living space, plus a sunroom and one-car garage.

The new 1,469-square-foot Manchester features a master bedroom suite with walk-in closet, a second full-sized bedroom, two full baths with walk-in showers and an open living area/kitchen with island. In addition, the home includes a one-car garage.

Both homes also include furnished appliances, sunroom and patio, 24-hour call systems and priority access to care within the village's personal care and rehab/nursing care center.

There's much more going on at Buffalo Valley – see inside for upcoming events!

One of the best reasons to buy now!

When you pre-order your new home or buy in the very early construction stage, you have the opportunity to customize certain interior features, such as some flooring and paint colors. Give the interior of your new home your personal touch!

For more information, please call Gretchen Nash at (570) 209-9007.

In this issue...

- Caring for our residents in many ways
- An "Event-Filled" year ahead
- Come to "class" in our Clubhouse
- Visit us during one of our open house events
- Enjoy a lifestyle with lots to do

YOU'RE INVITED...

Enjoy a lifestyle with lots to do!

There's always something happening at Buffalo Valley Lutheran Village. Here are just some of the events and activities on our calendar the first few months of 2017.

You are welcome to attend any of these that interest you. They are a great way to meet residents and get a feel for life on our campus. Find more details on all events inside this issue.

- Jan. 10** Tea & Talk: Escape from Cultivation
- Jan. 11** Open House - Every Wednesday in Jan. and Feb.
- Jan. 26** Lunch & Learn: Stroke Treatment Strategies
- Feb 23** 9 Key Nutrients for Better Living
- Feb 28** Tea & Talk: Humor
- March 30** Wine and Cheese Open House
- April 6** Downsizing and Selling your Home
- April 11** Tea & Talk: Learning from Lewisburg



PLUS: May 19 – Annual Dinner Dance, with The Vic Boris Trio, back by popular demand!

This is the Way to *Live!*



Executive Director's Message: Caring for our residents in many ways

A priority for all of the staff at Buffalo Valley Lutheran Village is to help our residents live a happy and healthy life. We believe

we contribute to their enjoyment of life by offering opportunities to socialize and connect with one another and the surrounding community. We also try to provide a variety of programs and events to appeal to many interests. Check the calendar in this issue and you'll see what we mean!

When it comes to the health of our residents, we're pleased to offer an important resource right here on our campus. Julie Alexander, BS, RN, our care navigator, can help independent living residents find their way through what can be a complex maze of choices for care.

Julie, who has been a nurse for more than 20 years, says her goal is to help everyone find the right place for the right care. Maybe it's by helping a resident new to the area find a family doctor ... or an independent-living resident who wants physical therapy at home ... or a couple who must determine the best arrangements for care when one of them becomes ill.

The Buffalo Valley lifestyle is one of convenience, comfort and compassion. We believe our care navigator position is a value-added service for our residents, one of many pluses you'll find at our welcoming community.

Plan a visit and see for yourself that *This is the Way to Live!*

—Bob Musser
Executive Director

An Event-Filled Year Ahead!

Buffalo Valley Lutheran Village hosts an array of educational and inspirational events throughout the year. Take a look at what's on our calendar over the next several months. You are welcome to attend any that interest you!



THURSDAY, JAN. 26, NOON – 1 P.M.
Lunch and Learn: Advances in Stroke Treatment Strategies

Lisa Beckett, RN, BSN, Geisinger Medical Center Stroke Coordinator

THURSDAY, FEB. 23, NOON – 1 P.M.
Lunch and Learn: 9 Key Nutrients for Better Living

Tina O'Rourke, Nutritionist, Buffalo Valley Lutheran Village



THURSDAY, MARCH 30, 2 – 4 P.M.
Wine and Cheese Open House

Come see our brand new homes!



THURSDAY, APRIL 6, NOON – 1 P.M.
**Lunch and Learn:
Downsizing and Selling your Home**

Christine Mallula, Realtor, Berkshire Hathaway

FRIDAY, MAY 19, 5 – 9 P.M.
ANNUAL DINNER DANCE
The Vic Boris Trio is BACK by popular demand!



Cost: \$15 per person. RSVP to Gretchen Nash at (570) 209-9007; first 60 people.

Come to "class" in our Clubhouse!

Join us for lively presentations and discussions with educators from the Bucknell Institute for Lifelong Learning. Meet in The Village Common Clubhouse on the days and times below. Unless otherwise noted, please call (570) 209-9007 to RSVP.

TUESDAY, JANUARY 10, 3:30 P.M.
**Tea & Talk: Escape from Cultivation:
Finding Nature in the Domestic**

Presented by Anna Kell, assistant professor of art and art history

Doors open at 3 p.m. Teatime refreshments are served.



TUESDAY, FEBRUARY 28, 3:30 P.M.
**Tea & Talk: Humor, Heartbreak and Hiding:
An exploration of the value of
humor and its place in a good life**

Presented by Sheila Lintott, associate professor of philosophy

Doors open at 3 p.m. Teatime refreshments are served.



THURSDAY, MARCH 9, NOON
Lunch & Learn: The Power of Forgiveness

Presented by Kim Daubman, associate professor of psychology

Please RSVP to the Bucknell Institute office at (570) 522-0105, by Friday, March 3.



APRIL 11, 3:30 P.M.
**Tea & Talk: Learning from Lewisburg:
The River-Town in Post-Industrial America**

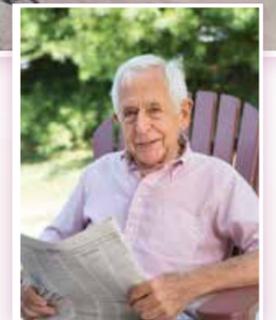
Presented by Ben Marsh, professor of geography and environmental studies

Doors open at 3 p.m. Teatime refreshments are served.



Learn more
about life at
Buffalo Valley
Lutheran Village!

OPEN HOUSE
Every Wednesday in
January and February
2 – 4 p.m.



This is the Way to
Live!